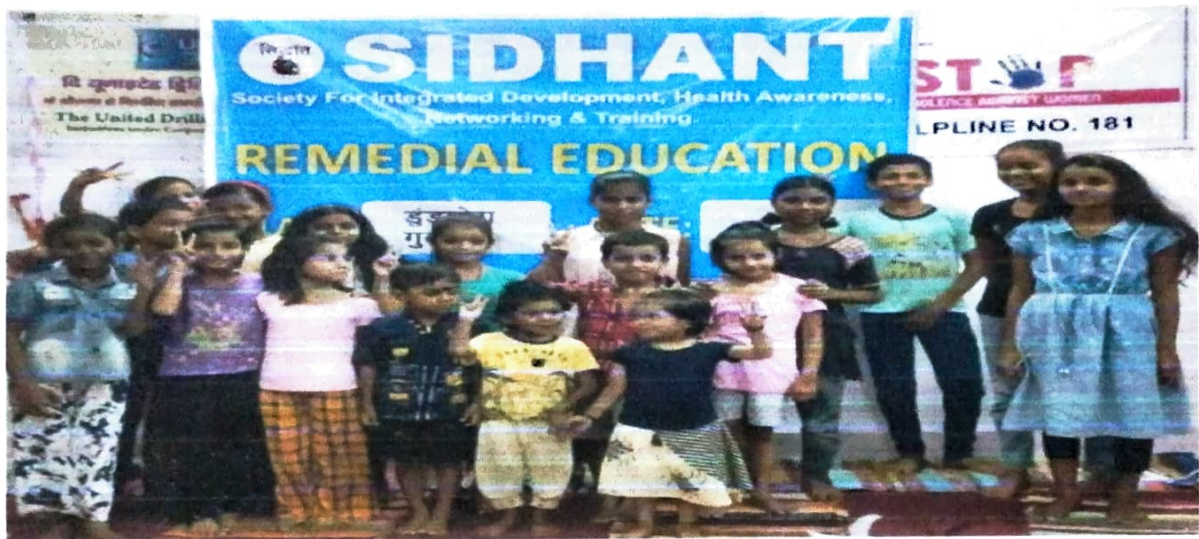


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**SOCIETY FOR INTEGRATED DEVELOPMENT, HEALTH AWARENESS,  
NETWORKING & TRAINING (SIDHANT)**

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## **ANNUAL REPORT**



**2022-23**

### Background

Developmental growth has in the past brought in its trail urbanization, distortions in resource utilization and distribution aggravating income and wealth disparities, besides ecological consequences. Experiences of development process as hitherto evidence has revealed in sharp focus the need for corrective steps to retard social distress and social injustice. Any development program which does not implicitly reorganized the above limitations would only further aggravate the situation that is already causing concern in the most developing societies.

### Mission

“To work towards sustainable development of the poor and disadvantaged section of the society”

### Vision

“Equitable and sustainable development of population through innovative approach, participatory action”

For SIDHANT  
*Aditya Kumar*  
Vice President



### Awareness program on Health & Hygiene

SIDHANT organized a one day awareness session on dated 14<sup>th</sup> April'22 in Shashtri Nagar, Delhi. An awareness programme on health and hygiene, is a crucial initiative aimed at educating individuals and communities about the importance of maintaining good health practices. Such programs play a vital role in empowering people with knowledge and skills to protect themselves and their communities.



#### **Key Objectives:**

**Promoting Hygiene:** Emphasize the significance of regular hand-washing, proper sanitation, and personal hygiene practices to prevent the spread of diseases, including COVID-19.

**Healthy Lifestyle:** Encouraged individuals to adopt a healthy lifestyle through proper nutrition, regular exercise, and stress management to boost their overall immunity.

#### **Conclusion:**

An awareness program on health, hygiene, and COVID safety is a powerful tool to empower individuals and communities to take charge of their health and well-being while also contributing to the collective effort to combat the COVID-19 pandemic. Such initiatives are essential for building a healthier and safer future for all.

### Awareness program on HIV/AIDS, TB & STI

SIDHANT organized a one day awareness session on dated 27<sup>th</sup> May'2022 in Bighawali, Hathin. Comprehensive Health and Awareness Program focused on HIV/AIDS, Tuberculosis (TB), and Sexually Transmitted Infections (STI's). This initiative aims to educate and empower to prevent and manage these health challenges effectively.

#### **Program Objectives:**

**Raise Awareness:** The first step towards combating these diseases is understanding them. We provided information on HIV/AIDS, TB, STI's including their transmission, symptoms, prevention, and treatment options.

PO SIDHANT

Amit Kumar  
Vice President



**Promotion of Testing:** Regular testing is crucial for early detection and timely intervention. We offered accessible and confidential testing services for HIV, TB, and common STI's.

**Reduction of Stigma:** Stigma can prevent individuals from seeking help. Awareness to reduce stigma through community discussions, educational workshops, and testimonials from survivors.

**Safe Practices:** Empowered individuals with knowledge about safe practices, including condom use, hygiene, and harm reduction strategies, to minimize the risk of infection.



Remember, knowledge is power, and by spreading awareness and taking preventive measures, we can significantly reduce the impact of HIV/AIDS, TB, STI's in our community.

### Awareness Program in School on early Prevention.

SIDHANT organized a one day awareness session on dated 13<sup>th</sup> Oct'2022 in a school in Panchgaon, Manesar on the Prevention and Early Identification of Children, vulnerable to drug use.

As part of this interactive session, slogan, poster making and quiz competitions were organized among the school children based on what they have learned to gauge their understanding and help spread awareness.

For SIDHANT  
Abitya Kumar  
Vice President





### Awareness program on Skill Development

SIDHANT organized a one day awareness session on dated 19<sup>th</sup> Nov'2022 in Dundahera, Gurgaon among community members. We are excited to announce an awareness programme dedicated to skill development. This initiative aims to equip individuals with the essential skills required to enhance their employability, advance their careers, and contribute to personal and community growth.



#### **Topic Covered:**

**Understanding the Importance of Skill Development:** Highlighted the significance of skill acquisition in today's dynamic job market, How improved skills can lead to better career opportunities.

**Identifying Key Skills:** Exploring the most in-demand skills across various industries, Assessing personal strengths and areas for skill improvement.

**Skill Development Resources:** Introducing participants to available resources, such as online courses, workshops, and vocational training programs, Guidance on selecting suitable skill development pathways.

For SIDHANT  
*Aditya Kumar*  
Vice President



Soft Skills and Professional Development: Enhancing communication, teamwork, leadership, and problem-solving skills, Tips for personal and professional growth.

Financial Support and Scholarships: Information on scholarships and financial assistance for skill development, How to access funding opportunities.

**Awareness Program in School on early Prevention.**

SIDHANT organized a one day awareness session on dated 22<sup>nd</sup> Dec'2022 in Government school, Delhi on the Prevention and Early Identification of Children, vulnerable to drug use.

As part of this interactive session, slogans, poster making and quiz competitions were organized among the school children based on what they have learned to gauge their understanding and help spread awareness.



END OF THE REPORT

For SIDHANT

*Aditya Kumar*  
Vice President

